



October Newsletter

Pre-School Room

This month the children in the pre school room have been learning about themselves. They have explored differences and similarities through a variety of activities such as making paper plate faces looking at hair colour and eye colour. They have also been exploring their senses by taking part in a sensory tuff tray play, discovering all the different smells and tastes of various spices, fruits and vegetables. They have also enjoyed playing with playdough that had different scents in it.

The children learnt about their emotions through reading the Colour Monster Story. They have also talked about keeping healthy and how important it is to eat fruit and vegetables and to not eat lots of sugar and fatty foods.

Toddler Room

This Month the children have also been learning all about themselves. We have been looking at our reflections to learn about our features, such as our eye colour and hair colour. We have been drawing self portraits and drawing our friends outside using chalks.

We have played with the dolls house talking about who lives in our house and who is in our family. We have explored our feelings through colour sorting the colour monster.

Baby Room

The babies have been exploring all about themselves through singing songs such as "If you are happy and you know it" learning the names of different body parts We have also used musical instruments learning about different types of sound. We have explored different scented playdough and learnt about different smells. In the tuff tray we have had lots of sensory experiences such as cornflour and spaghetti.

Important Dates

- **October half term - Mon 28th Oct until Fri 1st Nov.**
- **Orange and Black Day - 31st October**

Book and Rhyme of the Month

During October **The Pre School** children will be reading "Owl Babies" by Martin Wardell and singing "Five Little Leaves". **The Toddler Room** will be reading "Five Little Pumpkins" by Ben Mantle and singing "Five Little Leaves". **The Baby Room** will be singing "Incy Wincey Spider".

Halloween

This year we will be having a dress up day for Halloween, on Thursday 31st October. Come dressed up in a costume or if you prefer you can come dressed up in something Orange and Black. There will be lots of fun activities planned throughout the week, so even if your child doesn't attend on the Thursday there will be activities for them to take part in throughout the week anyway.

Cold Weather

Now the weather is getting colder, please can we ask that children are provided with a coat, hat and wellies. If your child already has a pair of wellies at nursery, please ask staff to check that they still fit. Also please could you provide a pair of indoor shoes for the children to change into, that can be kept at nursery. These can be either pumps or slippers and need to be **clearly labelled**. Thank you.

Christmas Cards

Your children have taken part in designing their own Christmas Cards again this year. Please look out for order forms in the next few weeks. They will be available to order online along with other Christmas products.

Birthdays

Layla 5th Jake 23rd
Shae 6th Natalie 24th
Joseph 12th Tiara 25th
Aspen 16th
Esmee 20th

Labelling clothes

Please could we ask that all items of clothes are clearly labelled with your child's name. Many children have the same items of clothing and they can easily get mixed up.



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Things to do at home this month

Pre-School

The children are going to be talking about Autumn throughout October. We are also going to be reading the book "The Owl Babies" by Martin Wardell. You could go on a Autumn Walk and collect some autumn leaves and make a collage out of them. Also collect conkers and use them to count with. You could talk about the nights getting darker earlier and look for the stars in the night sky.

Bake gingerbread biscuits and develop your child's mathematical knowledge through weighing out the ingredients.

Toddler room

The Toddlers are going to explore Autumn and will be learning about all things autumnal. You can join in at home by talking about the leaves falling from the trees, playing in the leaves and enjoying kicking the leaves. You could go for an Autumn Walk and look for conkers and pine cones and use the opportunity to introduce new vocabulary such as acorn. You could also make collage pictures using leaves and twigs or paint pictures using autumn colours and talk about mixing colours.

Baby Room

The Babies are going to be learning about Autumn and focusing on development in the prime areas. You can join in at home by building blocks and knocking them down to develop gross motor skills. If you are out and about have fun playing in leaves and swishing them about. You could talk about the sounds the leaves are making and introduce new vocabulary. You could also do different baking activities using different flavourings such as ginger or cinnamon and introduce mathematical language.

Pumpkin Soup Recipe

Ingredients:

- 1 medium pumpkin (about 850g), peeled, deseeded, and chopped
- 1 large onion, chopped
- 2 carrots, peeled and chopped
- 1 medium potato, peeled and chopped
- 2 garlic cloves, minced
- 1 litre vegetable stock
- 100ml double cream
- 2 tbsp olive oil

Prepare the Vegetables: Heat the olive oil in a large pot over medium heat. Add the chopped onion, carrots, and garlic. Cook for about 10 minutes until the vegetables are tender but not browned.

Add Pumpkin and Potato: Add the chopped pumpkin and potato to the pot. Stir well and cook for another 5 minutes.

Add Stock and Simmer: Pour in the vegetable stock, season with salt and pepper, and bring to a boil. Reduce the heat and let it simmer for about 30 minutes, or until the vegetables are very soft.

Blend the Soup: Remove the pot from the heat. Use a stick blender to blend the soup until smooth. If the soup is too thick, you can add a bit more stock or water to reach your desired consistency.

Next Month

During November **The Pre school** we will be reading "Room on the Broom" by Julia Donaldson.

The Toddler Room will be reading "Owl Babies".

The Babies will be singing the rhyme "Twinkle Twinkle Little Star".

Incy wincey spider

Incy wincey spider climbed up the waterspout,
Down came the rain and washed the spider out,
Out came the sun and dried up all the rain,
So Incy wincey spider climbed up the spout again.

